

Real-time β and γ Detection of I-131 Using Nanoscintillator Fiber-Optic Technology

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Background

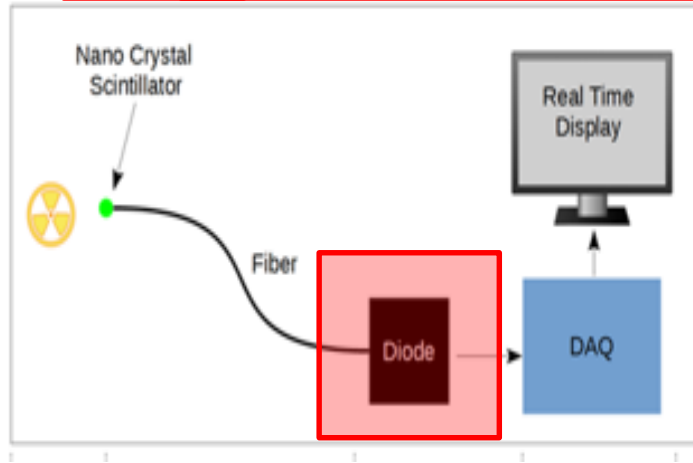
- Real-time detection of beta particles has often proven a troublesome task due to their relatively short range in tissues and solid materials
- Conventional detectors are typically limited by their **size** and the **thickness** of their entrance windows
- Other methods, such as liquid scintillation, require later readout

Introduction: Nano-FOD



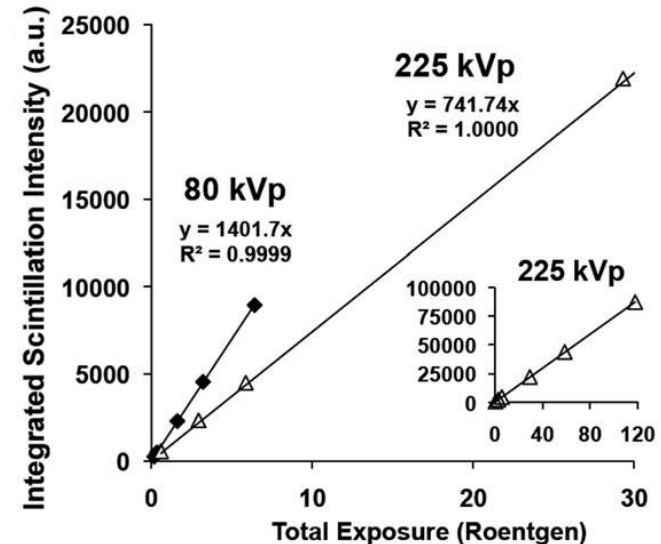
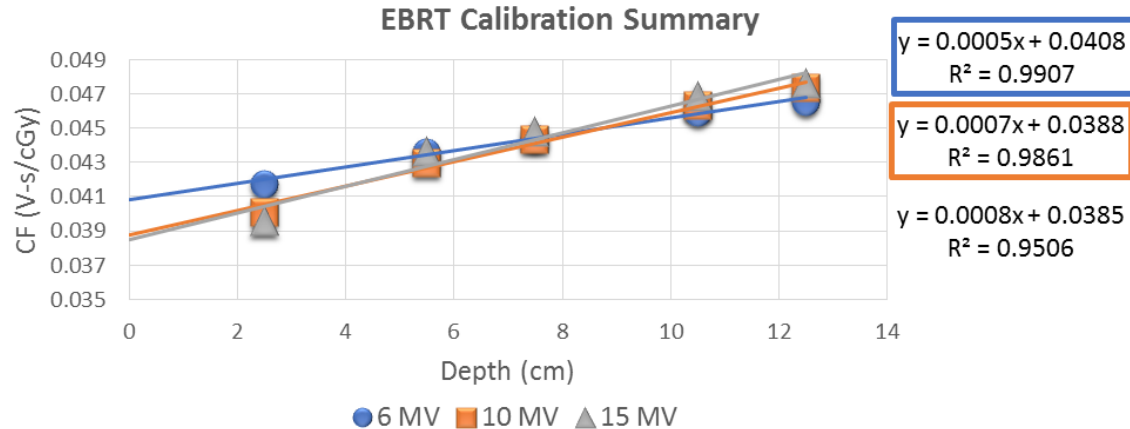
Nano-FOD has 3 major components

1. **Scintillator** - a pressed pellet of inorganic scintillator material, $[\text{Y}_{1.9}\text{O}_3; \text{Eu}_{0.1}, \text{Li}_{0.16}]$; light output is proportional to exposure
2. **Fiber** – silica core optical fiber capable of transmitting emitted light to diode
3. **Diode** – photo diode that converts light output to voltage values



Introduction: Nano-FOD

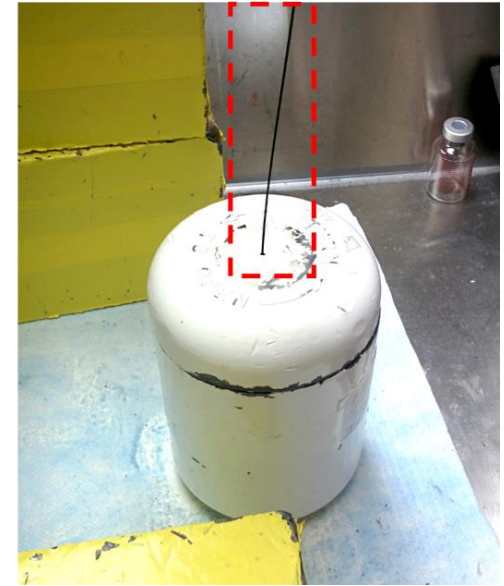
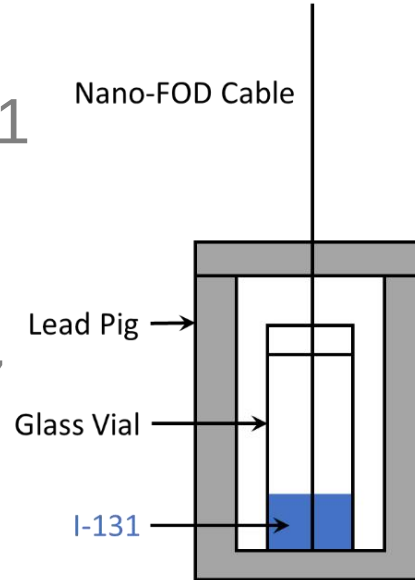
- Findings thus far have demonstrated a linear response to x-rays ranging from diagnostic imaging (80 kVp) and radiation therapy (15 MV) energy levels



Previous Investigation Method

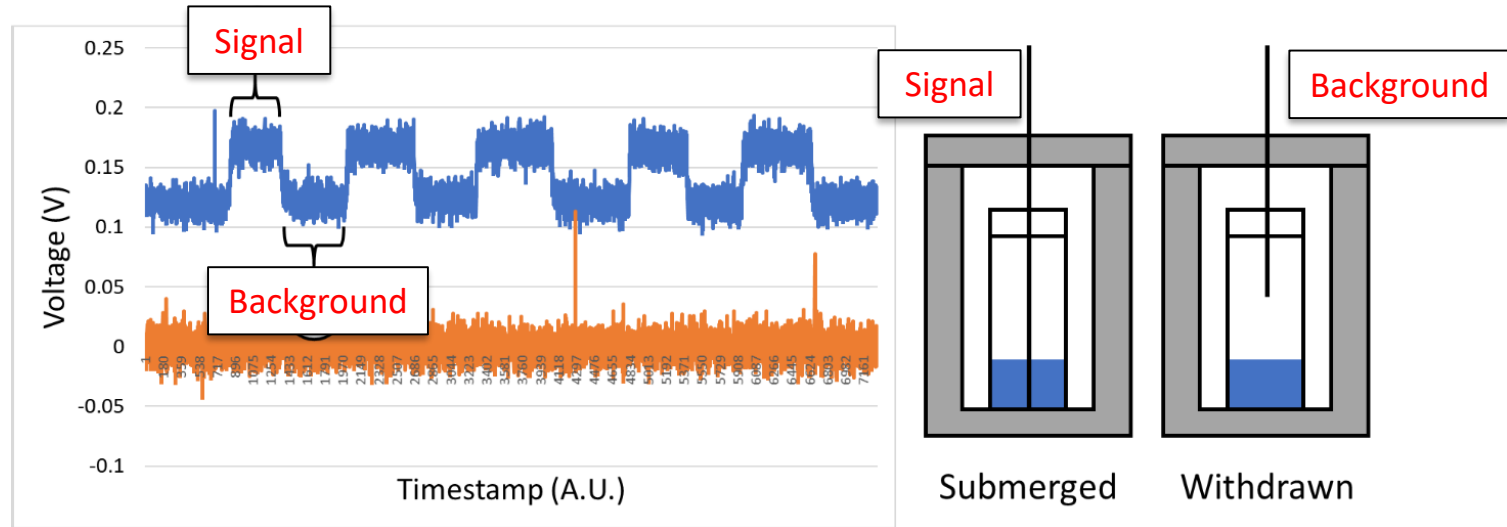
Vial containing 100 mCi of I-131
in 2cc of stabilizing solution

Measurements taken over a 17
day period



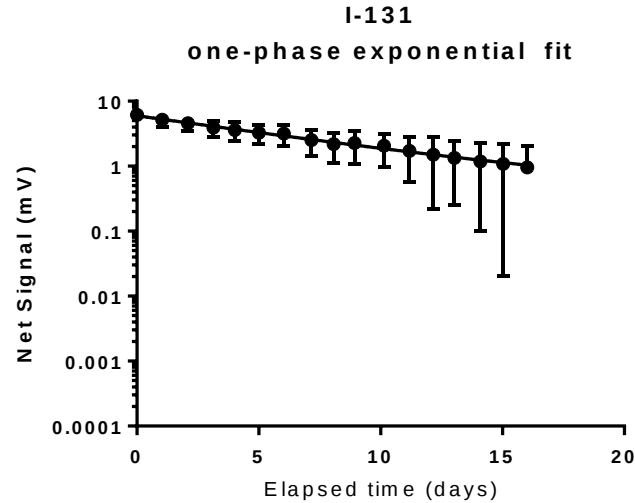
Previous Investigation Method

- Each data point was averaged over 5 measurements



$$\text{Net Signal} = \text{Signal} - \text{Background}$$

Previous Investigation Results



Non-linear exponential fit	$T_{1/2}$ (day)	Goodness of fit
One-phase model	5.42	0.993

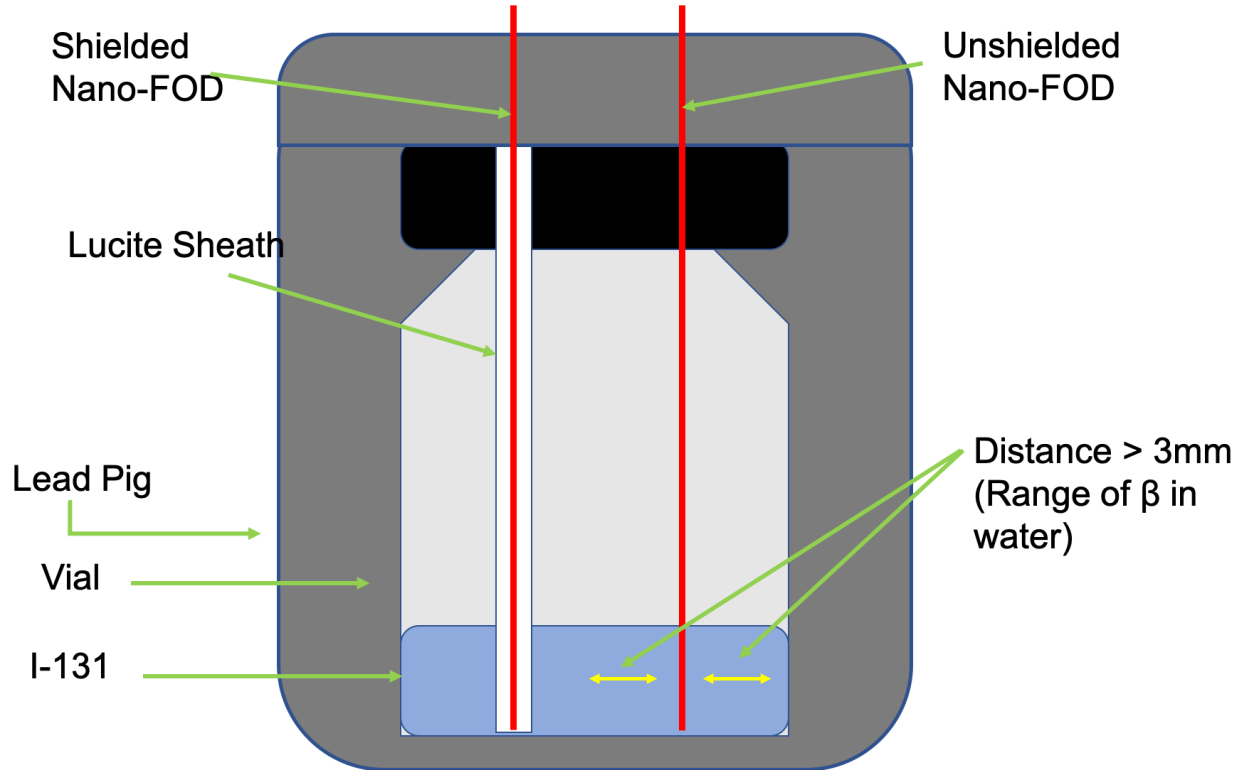
Previous Investigation Results

- The single fiber method works well with pure β emitters such as P-32, but is inadequate for I-131

Goal

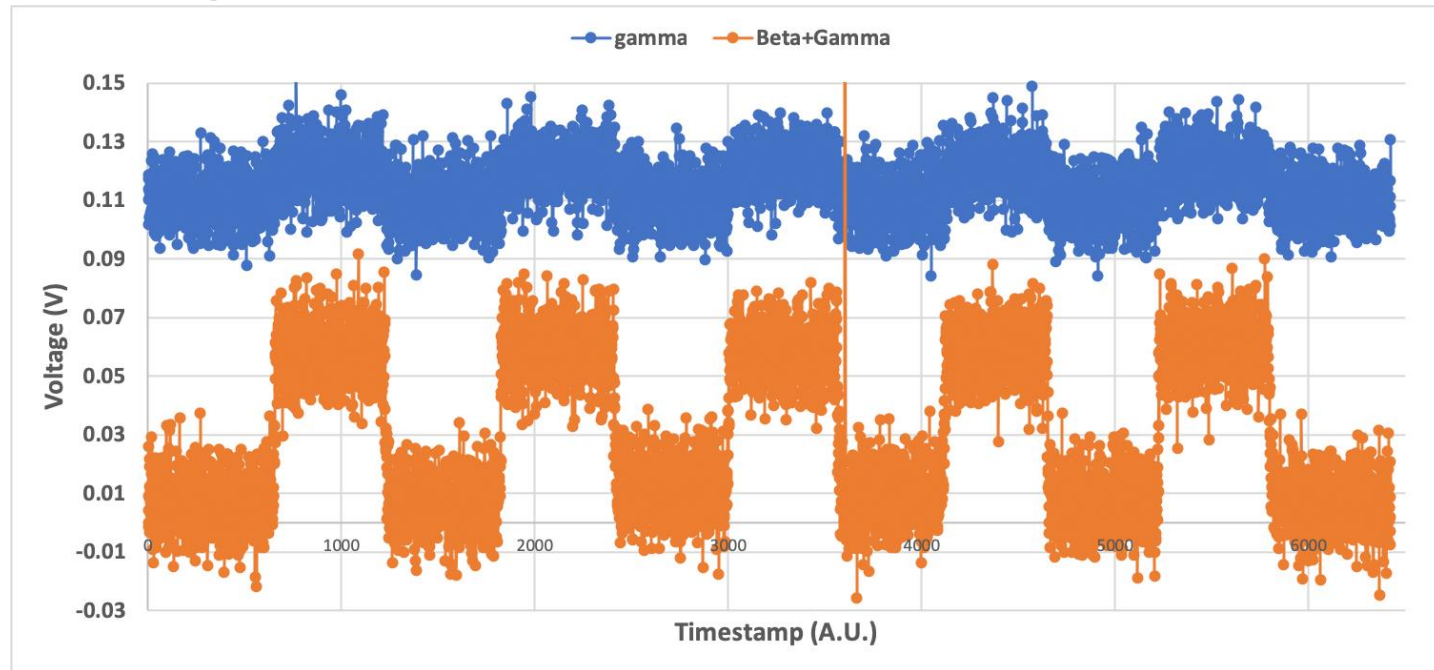
1. Design an experiment to simultaneously measure both
Signal from combined B+G emissions
Signal solely from G contribution

Materials and Methods

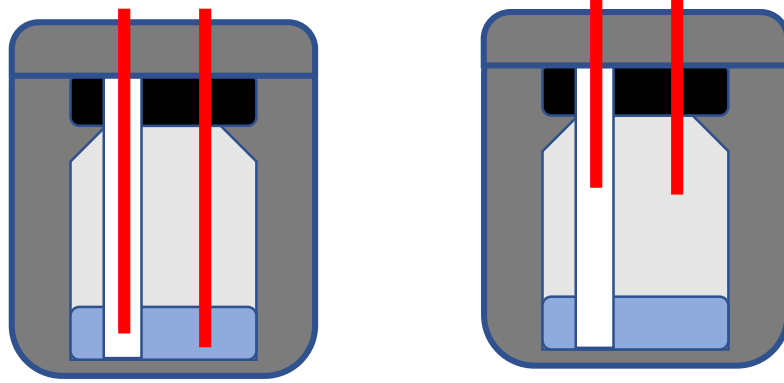


Materials and Methods

Measured signal from 101 mCi of I-131 over the course of 20 days



$$\text{Net Signal} = \text{Signal} - \text{Background}$$



- For mixed β and γ emitters:
 - When the fiber is raised out of the solution it is still exposed to the γ component of the decay
 - Therefore it is not representative of true background noise

Goal

1. Design an experiment to simultaneously measure both
Signal from combined B+G emissions
Signal solely from G contribution
2. Determine a method to characterize the true background signal in the absence of radioactivity
3. Verify the Nano-FOD signals decay with I-131 half-life (8.04 days)

Determining Background Noise

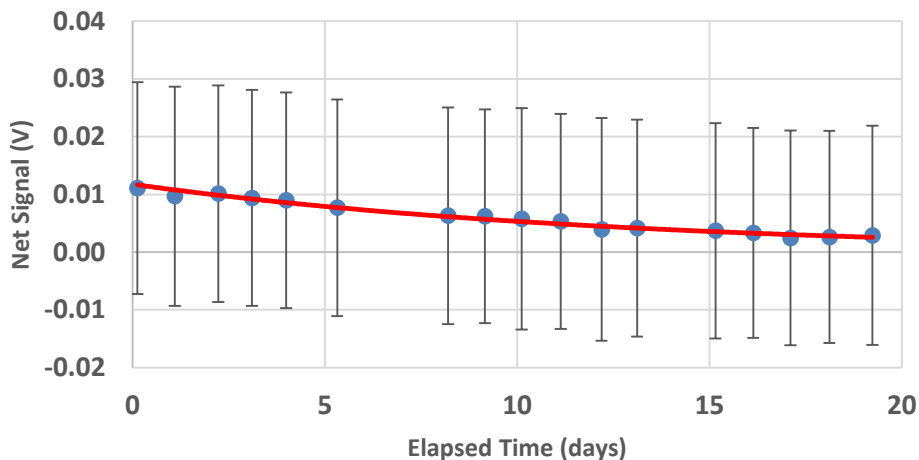
- Electronic background noise is dependent on:
 - The individual fiber-optic detector
 - The photodiode to which it is attached

Determining Background Noise

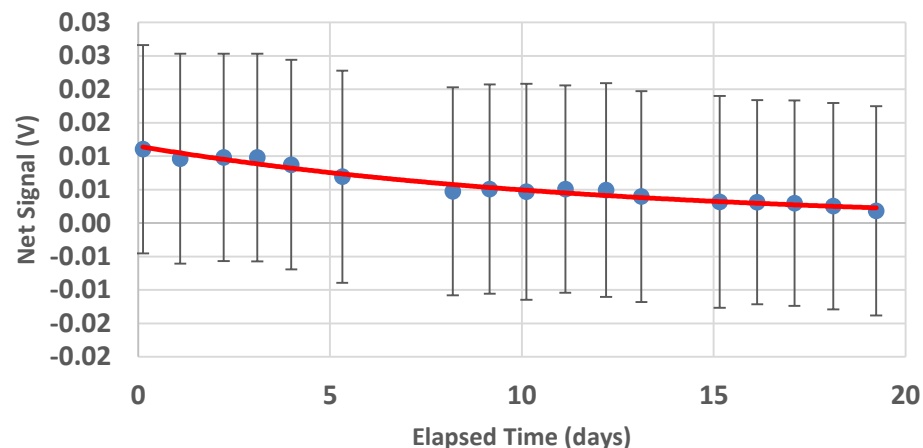
- Electronic background noise for the sheathed fiber was estimated by measuring signal from an empty vial inside of the modified lead pig.
- We were unable to do this for the unsheathed fiber due to contamination from being submerged in the I-131 solution.

Results: Sheathed (γ only) signal

Sheathed Fiber (γ only)

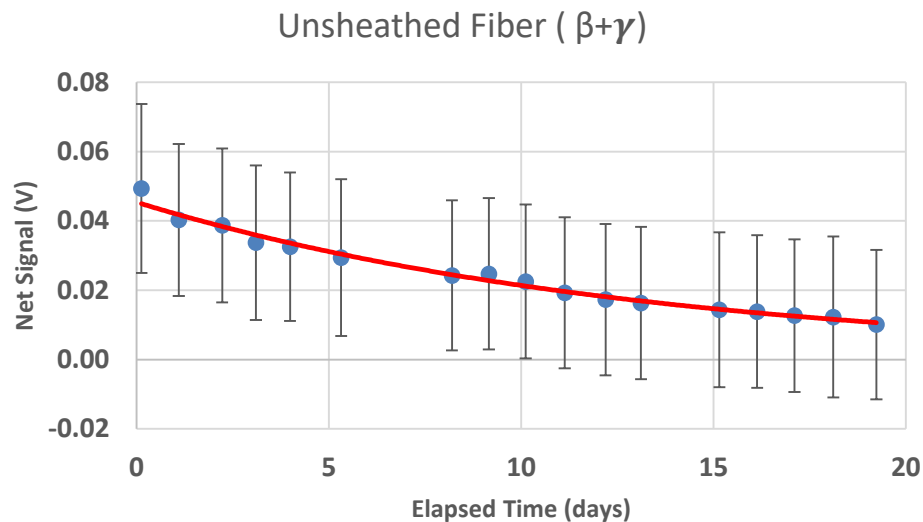


Sheathed Fiber (γ only) w/ BG Estimate



Non-linear exponential fit	$T_{1/2}$ (day)	Goodness of fit
Without True BG Estimate	8.76 ± 0.46	0.969
With True BG Estimate	8.05 ± 0.47	0.964

Results: Unsheathed (β and γ) Signal



Non-linear exponential fit	$T_{1/2}$ (day)	Goodness of fit
Without True BG Estimate	9.2 ± 0.35	0.989
With True BG Estimate	--	--

Conclusions

- Data demonstrated that Nano-FOD detected signal from both β and γ contributions
- Nano-FOD gamma signal decays with expected 8 day half-life when electronic background noise is appropriately accounted for

Future Work

- Characterize signal conversion factors for each fiber/diode combination
- Repeat experiment measuring electronic BG for unsheathed fiber before submersion into I-131 solution
- Develop a method to correlate signal to dose rate through Monte Carlo simulations